

Catholic Social Services of Washtenaw County - Alternatives to Domestic Aggression  
Battering Tactics Group - Battering Log (Questions on this log follow the order we believe you acted in.)

Name: \_\_\_\_\_

Date of Behavior: \_\_\_\_/\_\_\_\_/\_\_\_\_

Due Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Personal Use Tactic(s):  physical  sexual  intimidation  emotional  isolation  obfuscation  using others  male privilege  economic  coercion  threats

1. Why was what I wanted more important than the rights of this person(s)? \_\_\_\_\_

\_\_\_\_\_

2. Name three self-talk examples you used to proceed with being abusive. (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

3. Name three feelings you chose to proceed with being abusive, and explain why you chose to use these feelings. (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

4. What were three clues (see Accountability Plan) you ignored before you chose to be abusive? (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

5. How did you decide that the result of your abusive behavior was worth the risk to you? \_\_\_\_\_

\_\_\_\_\_

6. Specifically describe YOUR abusive actions. \_\_\_\_\_

\_\_\_\_\_

7. How did you obfuscate your abuse afterwards? \_\_\_\_\_

\_\_\_\_\_

8. Regarding three of the \*Personal Use Tactic(s) which you marked above:

(1) I used \_\_\_\_\_ when I: \_\_\_\_\_

(2) I used \_\_\_\_\_ when I: \_\_\_\_\_

(3) I used \_\_\_\_\_ when I: \_\_\_\_\_

\_\_\_\_\_

Catholic Social Services of Washtenaw County - Alternatives to Domestic Aggression  
Battering Tactics Group - Battering Log (Questions on this log follow the order we believe you acted in.)

Name: \_\_\_\_\_

Due Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Group Members Involved: \_\_\_\_\_

\*Group Example Tactic(s):  physical  sexual  intimidation  emotional  isolation  obfuscation  using others  male privilege  economic  coercion  threats

1. Why was what he wanted more important than the rights of group members? \_\_\_\_\_

\_\_\_\_\_

2. Name three self-talk examples he used to proceed with being abusive. (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

3. Name three feelings he chose to proceed with being abusive, and explain why he chose to use these feelings. (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

4. What were three clues (see Accountability Plan) he ignored before he chose to be abusive? (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

5. How did he decide that the result of his abusive behavior was worth the risk to him? \_\_\_\_\_

\_\_\_\_\_

6. Specifically describe HIS abusive actions. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7. How did he obfuscate his abuse afterwards? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

8. Regarding three of the \*Group Use Tactic(s) which you marked above:

(1) He used \_\_\_\_\_ when he: \_\_\_\_\_

\_\_\_\_\_

(2) He used \_\_\_\_\_ when he: \_\_\_\_\_

\_\_\_\_\_

(3) He used \_\_\_\_\_ when he: \_\_\_\_\_

\_\_\_\_\_

Reviewed by: \_\_\_\_\_ On date: \_\_\_\_/\_\_\_\_/\_\_\_\_