

2011 Senior Resource Directory for Washtenaw County

Call Catholic Social Services (CSS) 734-712-3625 or www.csswashtenaw.org



1. ADULT DAY SERVICES

| | |
|---|----------|
| CSS The Oaks..... | 662-4001 |
| Generations Together | 426-4091 |
| Memory Support Center at Brecon Village..... | 295-9811 |
| Silver Club (UM Turner Resource Center) | 998-9352 |

2. CARE MANAGEMENT/CARE COORDINATION

| | |
|-------------------------------|----------------|
| Area Agency on Aging 1-B..... | 1-800-852-7795 |
|-------------------------------|----------------|

3. CHORE & MAINTENANCE

| | |
|--|----------|
| ETCS Home Weatherization Program | 544-2948 |
| MI Department of Human Services (Adult Services) | 481-2000 |
| CSS Neighborhood Senior Services..... | 712-7775 |

4. COUNSELING/MENTAL HEALTH SERVICES

| | |
|--|----------|
| CSS Behavioral Health Services | 971-9781 |
| Chelsea Behavioral Health Services... 1-800-328-6261 or 475-4029 | |
| Community Support & Treatment Services (County)..... | 544-3050 |
| Jewish Family Services | 769-0209 |
| Psychiatric Emergency Services 24 hour Crisis Center | 996-4747 |
| UM Turner Geriatric Clinic Social Work..... | 764-2556 |

5. EDUCATION

| | |
|--|----------------|
| AARP (Michigan Office) | 1-866-227-7448 |
| Elderquest at EMU..... | 487-0227 |
| ElderWise of Southeast Michigan | 929-9097 |
| Osher Lifelong Learning Institute at UM..... | 998-9351 |
| WCC Lifelong Education Program | 677-5027 |
| Washtenaw Literacy | 879-1320 |

6. ELDER ABUSE/DOMESTIC VIOLENCE

| | |
|--|----------------|
| Adult Protective Service (Elder Abuse) | 481-9110 |
| Citizens For Better Care (Elder Abuse)..... | 1-800-833-9548 |
| CSS Neighborhood Senior Services..... | 712-7775 |
| Safe House Ctr. (Domestic Violence/Sexual Assault) | 995-5444 |

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

| | |
|--|----------------|
| CSS Emergency Food Program..... | 662-4462 |
| Aid In Milan | 439-8420 |
| American Red Cross..... | 971-5300 |
| Community Resource Center (Manchester) | 428-7722 |
| ETCS Washtenaw County Emergency Services..... | 544-6850 |
| Faith In Action, Inc.(Dexter & Chelsea School Districts).. | 475-3305 |
| Food, low cost: Angel Food Ministries..... | 1-877-366-3646 |
| Friends in Deed..... | 484-4357 |
| House by the Side of the Road | 971-2550 |
| MI Department of Human Services..... | 481-2000 |
| Northfield Human Services | 449-0110 |
| Psychiatric Emergency Services 24 hr. Crisis Center | 996-4747 |
| Saline Area Social Services..... | 429-4570 |
| Salvation Army: Ann Arbor.....668-8353; Ypsilanti..... | 482-4700 |
| Shelter Association of Washtenaw County | 662-2829 |
| S.O.S. Community Crisis Center..... | 484-4300 |

8. FORECLOSURE PREVENTION

| | |
|--|----------|
| Housing Bureau for Seniors..... | 998-9341 |
| MSU Extension Housing Counselors(troubled mortgages)..... | 222-9595 |
| Washtenaw County Treasurer (delinquent property taxes) | 222-6600 |

9. GRANDPARENT HELP & INFORMATION

| | |
|-----------------------------------|----------|
| CSS Grandparents As Parents | 712-3625 |
|-----------------------------------|----------|

10. HEARING & SPEECH IMPAIRMENT

| | |
|---|----------------|
| Deaf & Hearing Impaired Services..... | 1-248-473-1888 |
| EMU College of Education Clinical Suite | 487-4410 |
| Turner Senior Resource Center..... | 998-9353 |

11. HOME HEALTH CARE

| | |
|---|----------------------------|
| ChelseaCare Home Health. | 475-4190 |
| Evangelical Homes of Michigan (Shared Services) | 222-4037 |
| Glacier Hills Home Care | 769-5758 |
| Michigan Visiting Nurses..... | 1-800-842-5504 or 677-1515 |
| St. Joseph Mercy Home Care | 327-3200 |

(Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. HOSPICE

| | |
|-----------------------------------|----------------------------|
| Arbor Hospice and Home Care | 1-800-783-5764 or 662-5999 |
| Hospice of Michigan | 769-4212 |
| St. Joseph Mercy Hospice | 327-3200 |

13. HOUSING INFORMATION

| | |
|------------------------------------|----------|
| Ann Arbor Housing Commission | 994-2828 |
| Housing Bureau for Seniors..... | 998-9339 |
| Ypsilanti Housing Commission | 482-4300 |

Independent, Assisted Living & Alzheimer's Residences

| | |
|---|----------|
| American House..... | 677-0071 |
| Brecon Village | 429-1155 |
| Brookdale Place..... | 327-1350 |
| Brookhaven Manor | 747-8800 |
| Clare Bridge of Ann Arbor | 213-1708 |
| Chelsea Retirement Communities..... | 475-8633 |
| Evangelical Home (Saline) | 429-9401 |
| Fairfax Manor | 483-6662 |
| Gilbert Residence..... | 482-9498 |
| Glacier Hills | 769-6410 |
| Hillside Terrace Retirement Community | 761-4451 |
| Huron Woods | 712-5600 |
| Silver Maples of Chelsea | 475-8864 |
| Sunrise Senior Living..... | 741-9500 |
| Superior Woods Healthcare Center..... | 547-7600 |
| The Pines Senior Apartments..... | 433-9130 |
| The Sanctuary at The Village, St. Joseph Mercy..... | 712-1600 |
| University Living..... | 669-3030 |

Apartments - Subsidized or Affordable

| | | | |
|------------------------|----------|-------------------------|----------|
| Baker Commons..... | 794-6720 | Carpenter Place | 973-8377 |
| Chidester Place..... | 487-9400 | Clark East Tower | 482-5511 |
| Courthouse Sq..... | 995-5511 | Cranbrook Tower | 668-8914 |
| Cross St Village | 483-8300 | Lexington Club | 572-9000 |
| Lurie Terrace..... | 665-0695 | Milan Village Apts..... | 439-8179 |
| Mill Pond Manor..... | 429-3838 | Miller Manor | 794-6720 |
| Parkway Mdws..... | 662-5055 | Sequoia Place | 669-8840 |
| Towne Centre..... | 482-5500 | Walls Manor..... | 484-3820 |

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

| | |
|---|-----------------------|
| 211 (Washtenaw United Way)..... | 211 or 1-800-552-1183 |
| Area Agency on Aging 1-B | 1-800-852-7795 |
| CSS Older Adult Services..... | 712-3625 |
| Center for Independent Living..... | 971-0277 |
| Eldercare..... | 1-800-677-1116 |
| Jewish Family Services..... | 769-0209 |
| CSS Neighborhood Senior Services | 712-7775 |
| Senior Health Connection (Western Washtenaw Co.)..... | 475-4023 |
| UM Turner Senior Resource Center..... | 998-9353 |

15. LEGAL SERVICES

| | |
|--|----------------|
| Legal Hotline (phone advice only)..... | 1-800-347-5297 |
| Legal Resource Center | 994-0160 |
| Legal Services of South Central Michigan | 665-6181 |
| Washtenaw Bar Association Lawyer Referral (\$30 fee) ... | 994-4912 |

16. MEALS

| | |
|---------------------------------------|----------------------------|
| Senior Nutrition Program (ETCS) | 1-800-838-5832 or 544-3046 |
| Group Meal Sites..... | see "Senior Centers" list |

Home-Delivered Meals

| | |
|---------------------------------|----------|
| Aid In Milan..... | 439-8420 |
| Ann Arbor Meals on Wheels | 998-6686 |
| Chelsea/Manchester | 475-0160 |
| Dexter..... | 426-5397 |
| Saline..... | 429-9274 |
| Whitmore Lake | 449-8480 |
| Ypsilanti Meals on Wheels | 487-9669 |

17. MEDICAL SERVICES

Dental

| | |
|---|----------|
| Community Dental Center | 998-9640 |
| Hope Dental Clinic | 480-9575 |
| University of Michigan School of Dentistry..... | 763-6933 |

Geriatric Health Assessment

| | |
|---|----------|
| St. Joseph Mercy Senior Health Services | 712-5189 |
| UM Turner Geriatric Clinic..... | 764-6831 |
| Washtenaw Geriatrics..... | 528-5700 |

(Medical Services continued on next page)

All phone numbers are in the 734 area code unless noted.



The Blueprint for Aging supports programs that ensure accessible, affordable services for older adults in Washtenaw County

734-712-2718

www.BlueprintForAging.org



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17. MEDICAL SERVICES (continued)

Health Services

| | |
|--|----------------|
| Chelsea Community Hospital..... | 475-1311 |
| Chelsea Health Center | 475-1321 |
| Hope Medical Clinic..... | 481-0111 |
| “Lifeline” (Medical alert system)..... | 1-800-635-6156 |
| Medical Loan Closet (Emmanuel Lutheran Church) | 482-7121 |
| Neighborhood Health Clinic (St. Joseph Mercy) | 544-6900 |
| New Hope Outreach Clinic (U of M Health) | 998-6085 |
| Packard Health..... | 971-1073 |
| St. Joseph Mercy Saline Community Hospital..... | 429-1500 |
| St. Joseph Mercy Senior Health Services..... | 712-5189 |
| UM Turner Geriatric Clinic..... | 764-6831 |
| Veteran Affairs AA Healthcare System (V.A.)..... | 769-7100 |
| Washtenaw County Health Department | 544-6700 |

Prescription Assistance

| | |
|--|----------------------------|
| CSS Medicare/Medicaid Assistance Program | 1-800-803-7174 or 712-3625 |
| Washtenaw County Prescription Plan | 544-6886 |
| CSS Neighborhood Senior Services..... | 712-7775 |

18. MEDICAID HELP & INFORMATION

| | |
|--|----------------------------|
| CSS Medicare/Medicaid Assistance Program | 1-800-803-7174 or 712-3625 |
| MI Department of Human Services..... | 481-2000 |
| Medicaid Beneficiary Helpline..... | 1-800-642-3195 |

19. MEDICARE HELP & INFORMATION

| | |
|--|----------------------------|
| CSS Medicare/Medicaid Assistance Program | 1-800-803-7174 or 712-3625 |
| Medicare | 1-800-633-4227 |
| Michigan Peer Review Organization (MPRO)..... | 1-800-365-5899 |

20. NURSING HOME INFORMATION

| | |
|---|----------------|
| Housing Bureau for Seniors | 998-9339 |
| Michigan Department of Community Health | |
| Nursing Home Monitoring..... | 1-517-334-8408 |
| Complaint Intake Unit | 1-800-882-6006 |
| Michigan Long-Term Care Ombudsman | 1-866-485-9393 |

21. NURSING HOMES

| | |
|---|----------|
| Bortz Health Care of Ypsilanti | 483-2220 |
| Chelsea Retirement Community..... | 475-8633 |
| Evangelical Homes (Saline) | 429-9401 |
| Gilbert Residence | 482-9498 |
| Glacier Hills Care & Rehabilitation Center..... | 769-0177 |
| Heartland Health Care Center | 975-2600 |
| Northfield Place..... | 449-4431 |
| Superior Woods Healthcare Center | 547-7600 |
| Whitehall of Ann Arbor..... | 971-3230 |

22. PHYSICAL FITNESS (See also your local Senior Center)

| | |
|---|----------|
| Ann Arbor YMCA..... | 996-9622 |
| Chelsea Wellness Center | 475-4100 |
| Saline Recreation Complex | 429-3502 |
| Senior Fit, St. Joseph Mercy Health..... | 712-5800 |
| UM Turner Senior Resource Center..... | 998-9353 |
| Washtenaw Community College Fitness Center..... | 975-9950 |
| Washtenaw County Parks and Recreation..... | 971-6337 |

23. RESPITE CARE

| | |
|--|----------------|
| CSS Volunteer Respite Program | 712-3625 |
| Arbor Care, Inc..... | 975-6608 |
| Area Agency on Aging 1-B..... | 1-800-852-7795 |
| Brecon Village..... | 429-1155 |
| Fairfax Manor..... | 483-6662 |
| Huron Woods | 712-5600 |
| Silver Maples of Chelsea..... | 475-8864 |
| Sunrise Assisted Living..... | 327-1350 |
| Superior Woods Healthcare Center | 547-7600 |

24. SENIOR CENTERS For complete senior center info see website:

| | |
|---|----------------|
| www.BlueprintForAging.org click on “Senior Center Network” | |
| AA Comm Ctr | 662-3128 |
| Chelsea | 475-9242 |
| Jewish Comm | 971-0990 |
| Manchester.... | (860) 647-3211 |
| Northfield Twp | 449-2295 |
| Saline | 429-9274 |
| Ypsilanti (City)..... | 483-5014 |
| AA Sr Center | 794-6250 |
| Dexter | 426-7737 |
| Lincoln..... | 484-7000 x7557 |
| MilanforHealthyLiving..... | 439-1549 |
| Pittsfield..... | 822-2117 |
| UM Turner Sr Res..... | 998-9353 |
| Ypsi Twp 50 Beyond..... | 544-3838 |

25. SENIOR SUBSTANCE ABUSE

| | |
|--|----------------------------|
| Alcoholics Anonymous..... | 482-5700 |
| Chelsea Behavioral Health Services ... | 1-800-328-6261 or 475-4029 |
| CSS Neighborhood Senior Services | 712-7775 |
| Older Adult Recovery Center..... | 475-4030 |

26. SOCIAL SECURITY ADMINISTRATION

| | |
|--------------------------------------|----------------|
| Social Security Administration | 1-800-772-1213 |
|--------------------------------------|----------------|

27. SUPPORT GROUPS

| | |
|---|----------------|
| CSS Grandparents As Parents..... | 712-3625 |
| Al-Anon | 995-4949 |
| Alzheimer’s Association..... | 1-800-272-3900 |
| Arbor Hospice Grief Recovery | 662-5999 x114 |
| Arthritis Foundation (Mich. Chapter) | 1-800-968-3030 |
| Hospice of Washtenaw | 327-3409 |
| Jewish Family Services..... | 769-0209 |
| National Parkinson’s Foundation..... | 1-800-327-4545 |
| St. Joseph Mercy Health System | |
| Heart and Vascular | 712-8205 |
| Stroke..... | 712-2830 |
| St. Joseph Mercy Hospice Grief Recovery | 327-3400 |
| Turner Geriatric Clinic U of M: Staying Smoke Free, Caring for Aging Relatives, Caring for Your Mate, Low Vision, Diabetes..... | 764-2556 |

28. TAX ASSISTANCE

| | |
|--|----------------|
| CSS Tax Assistance Program | 712-3625 |
| AARP (Michigan Office)..... | 1-866-227-7448 |
| ETCS Tax Assistance (free for low income)..... | 544-3053 |
| Housing Bureau for Seniors..... | 998-9339 |
| St. Francis of Assisi Catholic Church..... | 769-2550 |

29. TRANSPORTATION

| | |
|---|----------------|
| Ann Arbor Transportation Authority (Info Line) | 973-6500 |
| Nite Ride and Holiday Ride | 528-5432 |
| Jewish Family Services..... | 769-0209 |
| Manchester Senior Citizens..... | 1-860-647-3211 |
| Medical Access Program (CSS Neighborhood Sr Srvs).... | 712-7775 |
| People’s Express..... | 1-877-214-6073 |
| RideConnect (Information line)..... | 1-866-977-9423 |
| Western Washtenaw Area Value Express (The WAVE)... | 475-9494 |

30. VETERANS

| | |
|---|----------|
| Washtenaw County Veteran Affairs | 973-4540 |
| Veteran Affairs AA Healthcare System (V.A.) | 769-7100 |

31. VISION IMPAIRMENT

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|--|----------|
| Kellogg Eye Center U of M..... | 763-8122 |
| Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library | 327-4224 |

32. VOLUNTEER OPPORTUNITIES

| | |
|--|----------|
| CSS RSVP Program..... | 712-2586 |
| www.VolunteerWashtenaw.org | 712-2718 |
| ETCS Washtenaw Co. Foster Grandparents (Stipend) | 544-6746 |
| CSS Neighborhood Senior Services | 712-7775 |

33. WEBSITES

Remember your librarian can help with websites.
www.csswashtenaw.org.....Catholic Social Services
www.BlueprintForAging.org.....Resources/seniors in county
www.washtenaw211.org.....Human service resources
www.sitemaker.umich.edu/seniorhelp.....Resource database by UM
www.ewashtenaw.org.....click on “Services for”, then “Older Adults”
www.michigan.gov/miseniors.....MI Access to Services For Seniors
www.greenpath.org.....Non-profit credit counseling
www.VolunteerWashtenaw.org.....Volunteer opportunities



**A Michigan Works! &
Community Action Agency**

Printing Services contributed by: **ETCS**
**Sponsor of the Senior Nutrition and
Foster Grandparent Programs**
(734) 544-6850 www.etcs/ewashtenaw.org